

HOW TO JOIN

Just fill in the form below and hand it to your local GMB representative or post it to GMB Yorkshire & North Derbyshire region, FREEPOST NEA524, Grove Hall, 60 College Grove Road, Wakefield WF1 3BU (you do not need a stamp).

£10.60 four weekly (full time) or £6.00 four weekly (part time)

£2.65 per week if you work 21 hours or more

£1.50 per week if you work 10-20 hours

80p per week if you work less than 10 hours

PLEASE USE BLOCK CAPITALS WHEN COMPLETING FORM

1 TELL US ABOUT YOU									
Surname		First Name		Title Mrs/Miss/Ms/Mr	Date of Birth				
Home Address		Home Tel		I agree to abide by GMB Rules Signature					
		Mobile							
		Date							
We ask for your ethnic origins as part of our equal opportunities policy of improving services to all members		Email							
Bangladeshi	Black African	Black Caribbean	Black British	Chinese					
Indian	Irish	Pakistani	White	Other					
2 TELL US ABOUT YOUR JOB									
Employer	Your job								
School where you work	Postcode	How many hours a week do you work?							
		Pay No							
		Work Tel							
		Pay Date							
3 OR INSTRUCTION TO YOUR BANK OR BUILDING SOCIETY TO PAY BY DIRECT DEBIT									
Please fill in the form and send to Freepost: GMB, Grove Hall, 60 College Grove Road, Wakefield, WF1 3BU				Originator's Identification Number					
				9	7	4	3	3	0
To the Manager of		Bank/Building Society		For GMB official use only. This is not part of the instruction to your Bank/Building Society. If your A/C number is not available fill in your address below					
Address		Postcode							
Name(s) of account holder(s)		Instructions to your Bank or Building Society							
Please pay GMB Direct Debits from the account detailed in this Instruction subject to the safeguards assured by the Direct Debit Guarantee. I understand that this Instruction may remain with GMB and, if so, details will be passed electronically to my Bank/Building Society									
Bank/Building Society Account Number		Signature(s)							
		Date							
Bank/Building Society Sort Code		Reference number (office use only)							

GMB @WORK IN ASDA

GMB— your union in ASDA

BEWARE OF FACEBOOK, TWITTER AND OTHER SOCIAL NETWORKING SITES

GMB have seen an increase in disciplinary and dismissals as a result of social networking internet sites. Many of our members think that as their facebook and twitter accounts are personal, what they do with them has no affect on their employment. This is incorrect!

GMB advises all of its members not to discuss anything regarding your company, workplace or colleagues on any internet site. If your employer sees you have written anything regarding any of these you may be subject to disciplinary action. If the company believe your words to be of bringing the company into disrepute, your actions can be gross misconduct and lead to your dismissal.

Remember, social networking sites can be accessed by anyone and therefore be aware of what information you disclose.

You can follow the GMB on Twitter - @gmbcampaigns

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 RKGMB@WORK GMB@WORK GMB@WORK GMB@WORK GMB@WORK
 ORKGMB@WORK GMB@WORK GMB@WORK GMB@WORK GMB@WORK
 WORKGMB@WORK GMB@WORK GMB@WORK GMB@WORK GMB@WORK
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Newsletter



Claim tax back for washing your uniform

You may be entitled to claim money back from the Inland Revenue for washing your own uniform! Asda requires you to wear a uniform and does not provide you with any laundry tokens or facilities. This means you can request a rebate on the tax you have already paid dating back upto 6 years and also have your tax code changed so you pay less next year! It is free to find out whether you are entitled to a refund. Contact our local representative or call 0845 337 7777 who will be able to provide you with a standard letter to send to the Inland Revenue.

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Does your store have the correct number of first aiders?

It is important that all Colleagues know who their qualified first aider is. Your Store Manager should be able to provide you with this information. If you are interested in being the first aider please also inform your Manager.

Where the GMB has a Representative on site, they will be qualified in Health and Safety only by the GMB, not First Aid.

Where there are less than 50 colleagues employed, ASDA must ensure that at least 1 person on each shift is trained in Emergency Aid at Work which is a 1 day course. Where there are 50+ colleagues employed, ASDA must ensure that at least 1 person on each shift is trained in First Aid at Work which is a 3 day course.

If you have any concerns about First Aid or Health and Safety please bring these to the attention of your GMB Representative on site. In the absence of a

Representative, please contact the GMB Regional Office on 0845 337 7777 and speak with Lynn Brook or Rachel Harrison.



Keep your GMB membership up to date

It is important that you inform GMB of any changes to your home address and contact details, your bank account details if you pay via direct debit, your employer, job or contracted hours. We can then ensure that you continue to receive the full protection of GMB membership and we can keep you updated on relevant issues, benefits and services. Call 0845 337 7777 to update your details!

Thompsons' Solicitors

Thompsons' Solicitors there to support you in and out of the workplace

Accident Claims

Thompson Solicitors are an ethical firm of Solicitors and only work on behalf of GMB members. There are no costs to you and you keep 100% of any compensation which is won for you. You have direct contact with the solicitor handling your claim. Your family can also use this service through your membership. So easy to use, for further information call us on:

0808 100 29 76

Discounted Legal Services

Free Advice on all legal issues

Free Will service for you and your partner

Free criminal cover for members and their families on work-related issues

Discounted conveyance and matrimonial issues

Your family can also use this service through your membership

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Become a workplace representative

We aim to have a Workplace and Health & Safety Representative in every ASDA Store and Supermarket. We already have a good network of Representatives across the Region and all GMB Representatives are entitled to paid time off to attend Regional health & safety meetings and training provided by the GMB.

It is important to have a GMB Representative in each store as this will enable members work related and health & safety issues to be dealt with promptly.

If you require further information or wish to become a Representative in your Store please contact

*Lynn Brook or Rachel Harrison on
0845 337 7777 or lynn.brook@gmb.org.uk
rachel.harrison@gmb.org.uk*



If you require assistance please contact your local Representative in the first instance or call 0845 337 7777

To join fill in the application form overleaf or online

www.gmbyorkshire.org.uk - JOIN NOW - Don't wait until it's too late